



May, 2016

Committed to being an instrument in the transformation of world consciousness, Mary O'Malley helps people experience the freedom and joy of being awake and aware no matter what is happening in their lives.

Inspiration:

We are learning the truth of who we are and we can take this knowledge to heal the earth for the coming generations.

Intention:

Every time I remember the truth of who I am, I will remind myself that I am contributing to the healing of the earth and of all people.

Featured Offering

**Mary on Dreamvisions 7 Radio Network
Evolutionary Voices for the Quantum Age
See below for details.**



Throughout the years, I have been a guest on hundreds of radio shows and I have always enjoyed being interviewed, but never in my wildest dreams did I ever expect to have my own radio show! How did this happen? Deborah Beauvais, Founder and Owner of Dreamvisions 7 Radio Network, interviewed me a few times on her show. Shortly thereafter, she contacted me about her new radio platform called *Evolutionary Voices for the Quantum Age* and extended an invitation to host my own show called What's Your Way Is the Way. Here is the vision Deborah shared with me for the new platform:

Evolutionary Voices for the Quantum Age is a platform for Trailblazers, Visionaries and Pioneers to speak openly from a kind place, to ask questions and create a safe space for discussion about human evolution and the complexities of our society. Yes, humanity is evolving, and we are at the dawn of the quantum age. Gone are the belief systems that cultivate hate and separation. Gone is the 'what's in it for me' mindset. It's now all about unity consciousness: working together to bridge science with spirituality, to move compassion into action and identify solutions for our systems to work for the whole. Our trailblazers will inspire us to become a global heart-based society. We are learning the truth of who we are and we can take this knowledge to heal the earth for the coming generations. We will learn

how to embrace everyone with a Love that heals mind, body and spirit, collectively creating a world in which everything can thrive.

As soon as I read her powerful vision, there was no question as to whether I was going to be a part of it. I was deeply honored (and a little scared having never hosted a radio show before) but I said 'yes.' I am now thrilled to be the host of *What's In Your Way Is the Way*. I have just completed what I call the foundational shows. These eight shows explore my core teachings on how to be fully alive.

Now I am excited to change the format to a more interactive one so that together we will explore real-life experiences. We will look at all kinds of challenges and struggles, including those involving relationships, finances, death, loss, illness, family, and work/job. There are so many challenges in our lives and in the world today, and struggling with them has never brought us the healing we long for. But our challenges are doorways out of the prison of the separate self, doorways back into being fully alive. The more you hear other people's stories on the show and how to deal with their particular challenges, the more you will see that we are all caught in the same kind of mind – a mind that is based on fear and glued together with judgment. You will also realize there is a way out of that struggle, a way to come back home to this living moment, the only moment that matters in your life.

When you send in your descriptions of a challenges you are experiencing around which you want more clarity, you are positively impacting the lives of others and you become a healer on this planet. Why? Because when others who are having the same or similar experiences hear your story on the radio, they realize they are not alone and this opens a door. So I hope you will become a vital part of my show by submitting your experiences and questions each month to my publicist, Martha, at martha@maryomalley.com You will have total anonymity. Martha will not share your information with anyone but me and I will not use your name on the show if you don't want me to.

Thank you from the bottom of my heart for listening to my radio show and I also want to thank those of you in advance who are willing to share your imperfectly perfect life experiences with me and with my listeners.

Be light,
Mary

PS - If you want to listen to previous shows, go to <http://dreamvisions7radio.com/whats-in-your-way-is-the-way/>. This weekend, I recorded my eighth and last foundational show called *Trusting Life – All of It* and I can honestly say that it is a wonderful message. It flowed through me and captures the core of what I offer for the healing of our planet. You can check it out on Thursday May 5th at 8:00 am/8:00 pm ET (5:00 am /5:00 pm PT) and then it will be in the 'Previous Shows' section with my other seven foundational shows.

Quote: “Our challenges are doorways out of the prison of the separate self and into being fully alive.” – Mary O’Malley

To learn more about this work, please visit our website at www.maryomalley.com
Also, please click on the [Watch Mary](#) link in the left sidebar of our website homepage and scroll to the bottom to view a wonderful 3-minute multi-media presentation about this work (also on [YouTube](#)), and click on the [Awakening Blog](#) link at the top to read messages from Mary and reply or ask questions. To view previous newsletters, please click on the link [Newsletters](#)

On the website [Books](#) page, there are links to 12 short videos about *What’s In the Way Is the Way*, and to visit the *What’s In the Way Is the Way* website where you can read the endorsements go to www.whatsinthewayistheway.com.

To follow Mary on Facebook and Twitter, please click on the links at the bottom of the left sidebar on our website. Mary is also on Pinterest and Google+.
If you wish to unsubscribe, please click on the link at the bottom of this newsletter.

Mary on Dreamvisions7 Radio Network

Evolutionary Voices for the Quantum Age

[What’s In Your Way IS the Way](#) with Host Mary O’Malley is part of Evolutionary Voices for the Quantum Age on the Dreamvisions 7 Radio Network. Mary’s program is live on Thursdays, 8 AM & 8 PM EST. You can click on the link for the live show dates or access them in Archives on the Dreamvisions 7 website. Join Mary as she explores a revolutionary approach for healing everything that causes you to struggle with Life rather than fully experiencing it.

Counseling & In-Person Groups

Counseling - In Person & by Phone

Mary is a guide who offers insights born of experience and awareness. Through deep listening and presence, she helps others open to their own clarity and wisdom. Her office is in Kirkland, WA and she is also available for phone counseling and with Skype. For each 50-minute session, the fee is \$150. Packages available are 3 for \$420 (\$140 each), 4 for \$520 (\$130 each), and 10 for \$1200 (\$120 each). Please contact Mary to set-up a package. Payment may be made through Mary’s [website](#) once an appointment is booked. Mary is a Certified Counselor in the State of Washington and can provide invoices for insurance reimbursement.

For information and appointments, please call Mary at 425-889-5937 or send her an email at awaken@maryomalley.com

In-Person Groups

These gatherings provide an opportunity for you to explore and deepen your own personal awakening with expert guidance and to share with other awakening beings. You will also experience the healing power of mercy and trust.

Weekly groups are offered in Kirkland, WA on Mondays from 7:00 to 9:00 PM and on Thursdays from 10:30 AM to 12:30 PM. Cost is \$130 for each 6-week session. You must have one session with Mary and may visit a group one time before joining. Please Contact Mary for information and an appointment.

Tele(Phone)Group

This phone group is a wonderful way to connect with Mary and with other awakening beings in the comfort of your own home. Mary facilitates the group and there are opportunities for questions and discussion. Once you register, you will receive a dial-in-number and access code. When you dial-in, you will be prompted what to do to join the group call. Each session is 4 weeks and costs \$100. The group is on Tuesdays at 10:30 AM Pacific Time. To register, click on the link below.

Events

Please follow the links for details

Mondays

[In-Person Group](#)

This group meets in Kirkland, WA On Mondays from 7:00-9:00 PM Pacific Time. You may also participate in the group from anywhere in the world through Zoom, an online video meeting program. To join this group, please follow [this link](#) and contact Mary.

Tuesdays, May 3 – 24

Telegroup: What's In the Way Is the Way

10:30-11:30 AM Pacific Time (7:30-8:30 PM GMT+1)

Tuesdays, May 31 – Jun 21

Telegroup: What's In the Way Is the Way

10:30-11:30 AM Pacific Time (7:30-8:30 PM GMT+1)

Thursdays 8:00 AM & 8:00 PM EST (5:00 AM & 5:00 PM Pacific Time)

Mary on Dreamvisions 7 Radio Network Evolutionary Voices for the Quantum Age

Mary's Radio Home Page - <http://dreamvisions7radio.com/whats-in-your-way-is-the-way/>

For more information about Awakening, please follow the links below.

To unsubscribe, click on the link at the bottom of any e-Newsletter.

Please feel free to forward these emails to those whom you feel would be interested.

[Contact Mary](#)

[About Awakening](#)

[Our Offerings](#)

[Mary's Radio Show](#)